

Off Season Baseball Work Out Camp

Here is your opportunity to make the most of your off season work outs.

All Star Sports Academy will be holding camps on November 26&27 that will provide players with the drills and techniques needed to become better ball players.

November 26th will be for developing your Hitting Work Out

9:00-11:00 Ages 12 and Under

12:00-2:00 Ages 13 and Over

November 27th will be for developing your Pitching Work Out

9:00-11:00 Ages 12 and Under

12:00-2:00 Ages 13 and Over

Eric Bappe, Ames High School Varsity Coach will be conducting these camps.

Sign-up early as enrollment may be limited

Cost is \$50.00 each or \$80.00 for both