

Off Season Softball Work Out Camp

Here is your opportunity to make the most of your off season work outs.

All Star Sports Academy will be holding camps on November 20th and December 11th that will provide players with the drills and techniques needed to become better ball players.

Two camps will be available, one camp will cover Hitting and the second camp will cover Throwing and Fielding

Each camp will be two hours long with instruction provided by Jolene Voga, South Hamilton Varsity Coach and Michelle Junod, ISU Assistant Softball Coach

Times on both dates will be as follows:

8:00-10:00 Hitting 12 and Under
10:30-12:30 Throwing/Fielding 12 and Under
1:00-3:00 Hitting 13 and Over
3:30-5:30 Throwing//Fielding 13 and Over

Sign-up early as enrollment may be limited

Cost is \$50.00 each or \$80.00 for both